## **Supplementary Material**

## DNA methylation as a possible causal mechanism linking childhood adversity and health: Results from two-sample mendelian randomization study.

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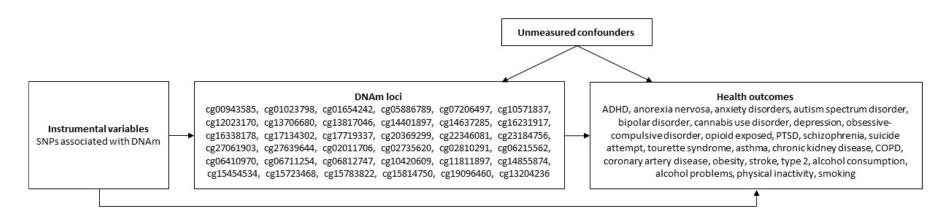


Figure S1. A schematic overview of the two-sample mendelian randomization design.

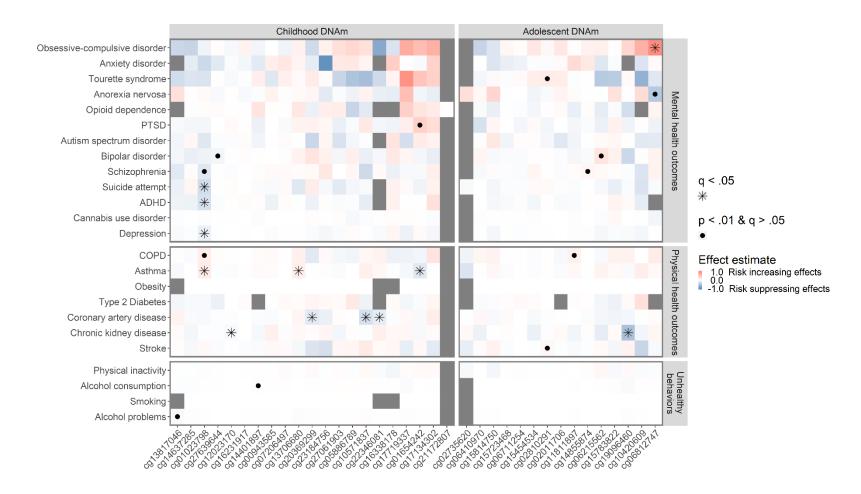
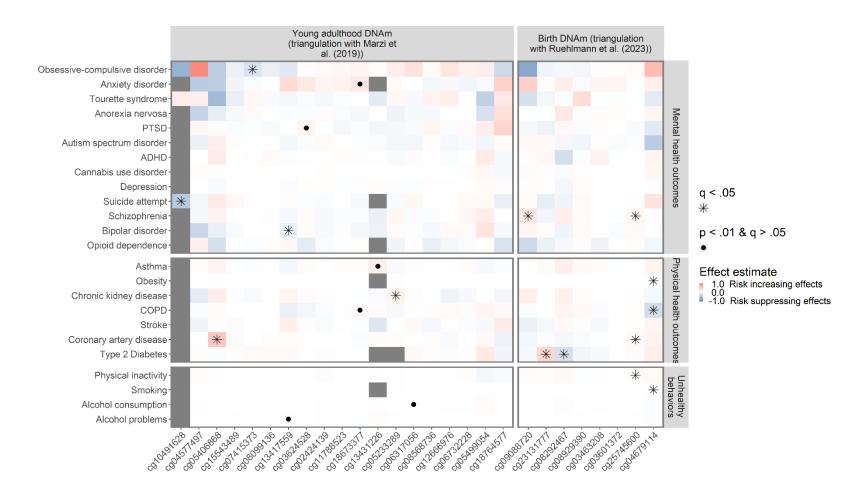


Figure S2. Effect estimates across DNAm loci and health outcomes for primary analyses. ADHD = attention-deficit/hyperactivity disorder; PTSD = Post-traumatic stress disorder; COPD = chronic obstructive pulmonary disease. The direction of the effect estimate was transformed according to the directionality between childhood adversity and DNAm, meaning that positive estimates reflect a risk increasing role of DNAm (red), and negative estimates reflect a risk suppressing effect of DNAm (blue). The x-axis includes each loci assessed; the y-axis includes all of the mental health outcomes tested. The order of the x axis and y axis is based on hierarchical ordering: loci and health outcomes were clustered based on the similarity of their associations with each set of outcome types (mental, physical, health risk). DNAm loci with SNPs that were not reported directly in the health outcome studies are shown in dark gray.



**Figure S3.** Effect estimates across DNAm loci and health outcomes for triangulation analyses. ADHD = attention-deficit/hyperactivity disorder; PTSD = Post-traumatic stress disorder; COPD = chronic obstructive pulmonary disease. The direction of the effect estimate was transformed according to the directionality between childhood adversity and DNAm, meaning that positive estimates reflect a risk increasing role of DNAm (red), and negative estimates reflect a risk suppressing effect of DNAm (blue). The x-axis includes each loci assessed; the y-axis includes all of the mental health outcomes tested. The order of the x axis and y axis is based on hierarchical ordering: loci and health outcomes were clustered based on the similarity of their associations with each set of outcome types (mental, physical, health risk). DNAm loci with SNPs that were not reported directly in the health outcome studies are shown in dark gray.

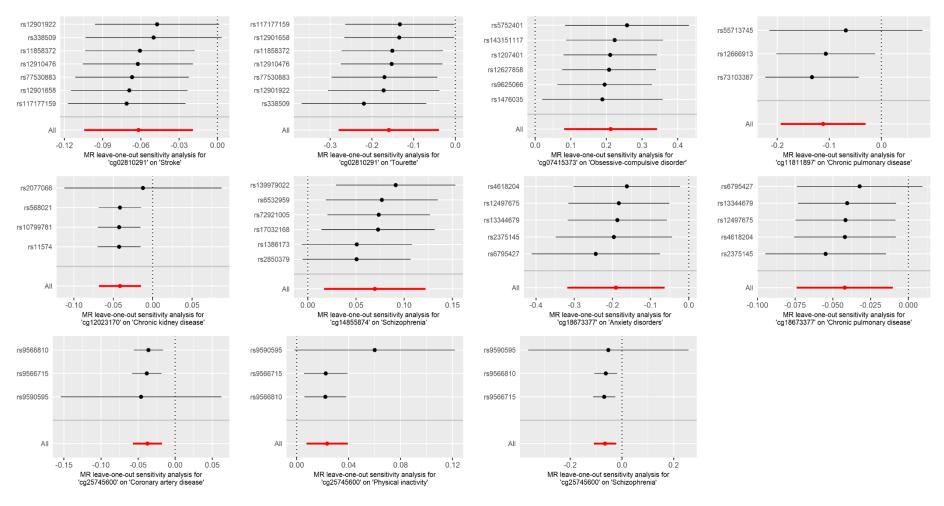


Figure S4. Leave-one-out results (beta and 95% confidence intervals) for suggestive DNAm loci with >2 SNPs as instrumental variables.